

KURY
BROOKINGS HARBOR VOICES
February, 2018

This is Georgia Cockerham for Brookings Harbor Voices.

When a child dies, at any age, the family suffers intense pain and may feel hopeless and isolated. The Compassionate Friends provides highly personal comfort, hope, and support to every family experiencing the death of a son or a daughter, a sibling, or grandchild, and helps others better assist the grieving family.

The death of your son or daughter seems to drain all meaning from life. You may find it difficult just getting out of bed in the morning. All that was right with the world is now wrong and you're wondering when, or if, you'll ever feel better.

We at The Compassionate Friends have been there ourselves and understand the nightmare in which you now live. You may fear you are going crazy, or find that there's a video tape of your loved one's death playing endlessly in your mind. Your memory may suddenly become clouded and you find yourself forgetful. You can be driving down a road and not know where you are or remember where you're going. Simple tasks may be difficult to accomplish. You may wish that it were you, rather than your child, who died. These are just some of the psychological, emotional and physical aspects of the grief you may be experiencing.

When you attend a meeting of The Compassionate Friends you are able to listen and learn from others who are further down the grief road. They will help you with coping skills and give you hope that if others can survive, you can too.

For more information about our chapter please call Georgia at 541-469-5814. That number again, 541-469-5814.

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