

Sam Vitale Voice Script for 1/2/18

History of New Year's Day

This is Sam Vitale for Voices. New Year's Day History: While most modern cultures currently celebrate the New Year on January 1, the first day of the calendar, it hasn't always been this way. Ancient Babylonians recognized the beginning of the year as the first new moon that appeared after the first day of Spring. The season of Spring seemed a natural beginning at this time. New Year's Day is quite possibly the most positive forward-looking holiday we celebrate. We say goodbye to the past and turn our attention to the good the coming year promises. Many of us make New Year's Resolutions for positive change, such as quitting smoking, losing weight or pursuing a dream career. New Year's Day brings with it the chance to start fresh, though the day on which we observe the new year has changed throughout history and often differs according to one culture. New Year's Day, as well as some suggestions for easy and meaningful traditions you can start with your family.

My saying for today is: A family that prays together stays together.

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